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Letter of Acceptance (LoA)

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Dear.
Adistha Aulia Siswandi, Siwi Endrawati, Istanif Nafisa Hilma

Thank you for submitting your best article to be published on **Journal of Therapia** with the title:

"KOMPREHENSIF HUBUNGAN DUA ARAH GANGGUAN TIDUR, RITME SIRKADIAN, DAN GANGGUAN DEPRESI MAYOR: PSIKOPATOLOGI, KARAKTERISTIK POLISOMNOGRAFI-AKTIGRAFI, SERTA INTERVENSI BERBASIS BUKTI"

Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **Journal of Therapia** edition **Volume 3 Number 3 October 2026**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

No Reg : LOA20261023075250

Palembang, 23 October 2026
Editor In Chief

The authenticity of the LOA can be checked by scanning the QR code on the side!

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Muhammad Rizky, M.Ed.

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